SESSION 3: RHYTHM

PRIDE NAME:

DIRECTIONS:

As a Pride, create two rhythms that represent your group. The Pride Leader will use the djembe. All other Pride members should use their bodies to play the rhythms.



- 1. Review your Pride name. Remember that your Pride name is based on a character quality. Have a discussion with your Pride using these prompts:
 - Is your Pride best represented by a fast or slow rhythm? Loud or soft?
 - What types of sounds represent your Pride? What strikes of the djembe (bass, tone, slap) or parts of the body should you use to make up your rhythm?
- 2. As a Pride, create Rhythm 1. It should be four counts long.
- 3. As a Pride, create Rhythm 2. It should also be four counts long.
- 4. Practice performing your rhythms using call and response.
 - First, the Pride Leader should perform Rhythm 1 (call).
 - Next, the rest of the Pride should repeat the Rhythm 1 (response).
 - Then, the Pride Leader should perform Rhythm 2 (call).
 - Finally, the rest of the Pride should repeat Rhythm 2 (response).
- 5. When your teacher gives directions, you will be asked to teach your rhythms to the class using call and response.
 - Your whole Pride will act as the callers.
 - The other Prides will repeat your rhythms as the responders.
 - Just as you rehearsed, you will first call Rhythm 1 and the other Prides will repeat it.
 - You will then call Rhythm 2 and the other Prides will repeat it.

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