

SESSION 8: MOVEMENT

PRIDE NAME: _____

DIRECTIONS: Today, you will be choreographers and create a dance in which Mufasa teaches Simba how to hunt.



1. Each Pride member should create a movement that tells the story (examples: stretch, search, pounce, etc.).
2. After everyone has created a movement, work with your Pride to circle the movement qualities that should be in your dance:

High	Medium	Low
Bouncy	Grounded	Light
Heavy	Fast	Slow
Sharp	Fluid	

3. Practice your movement again, but this time exaggerate it by using one of the circled movement qualities.
4. Next, work as a Pride to combine the movements into a full dance. Be sure that your dance tells the story and includes everyone's movements.
5. Select one Pride member to play the djembe drum to go along with your dance. Practice the choreography again along with the drum.



SESSION 8: MOVEMENT

PRIDE NAME: _____

DIRECTIONS: Today, you will be choreographers and create a dance in which Zazu searches for Simba.



1. Each Pride member should create a movement that tells the story (examples: fly, look, hide, etc.).
2. After everyone has created a movement, work with your Pride to circle the movement qualities that should be in your dance:

High	Medium	Low
Bouncy	Grounded	Light
Heavy	Fast	Slow
Sharp	Fluid	
3. Practice your movement again, but this time exaggerate it by using one of the circled movement qualities.
4. Next, work as a Pride to combine the movements into a full dance. Be sure that your dance tells the story and includes everyone's movements.
5. Select one Pride member to play the djembe drum to go along with your dance. Practice the choreography again along with the drum.

SESSION 8: MOVEMENT

PRIDE NAME: _____

DIRECTIONS: Today, you will be choreographers and create a dance in which Timon and Pumbaa discover Simba sleeping in the desert.



1. Each Pride member should create a movement that tells the story (examples: hide, creep, poke, etc.).
2. After everyone has created a movement, work with your Pride to circle the movement qualities that should be in your dance:

High	Medium	Low
Bouncy	Grounded	Light
Heavy	Fast	Slow
Sharp	Fluid	
3. Practice your movement again, but this time exaggerate it by using one of the circled movement qualities.
4. Next, work as a Pride to combine the movements into a full dance. Be sure that your dance tells the story and includes everyone's movements.
5. Select one Pride member to play the djembe drum to go along with your dance. Practice the choreography again along with the drum.